

# E-School Nurse Video Clinics

Twice weekly **online health support** and **advice** for **parents**, carers and professionals, **supporting children** and **young people aged 5-19** years old.

## Tuesday and Thursday

**During school term only**

You will be able to talk to the nurse over a live video link that is private, secure, confidential and convenient for you. In consultation with you, the nurse will assess the child or young person's health problem and provide you with the support and advice needed.

For more information on the **E-School Nurse video clinic**

Please read the information leaflet or visit:  
**[www.cumbria.gov.uk/ph5to19](http://www.cumbria.gov.uk/ph5to19)**

You can telephone for an appointment  
**0300 30 34 365**

