

## Fresh Start

### What is 'Fresh Start'?

Fresh Start is a targeted literacy intervention program designed to help students who struggle with reading. Developed by Ruth Miskin Training, Fresh Start is part of the Read Write Inc. series, tailored specifically for older students who need additional support to become fluent and confident readers. It provides structured and engaging lessons that focus on phonics, decoding, and comprehension skills, enabling learners to catch up quickly and succeed across the curriculum.

### How Does Fresh Start Work?

Fresh Start combines systematic phonics teaching with age-appropriate texts to build reading fluency and comprehension. Key elements of the program include:

- **Daily Phonics Practice:** Students revisit key sounds and learn how to blend them into words.
- **Reading and Writing Exercises:** Lessons include opportunities for reading fluently, writing accurately, and understanding text meaning.
- **Small Group Support:** Delivered in small groups, the program ensures individual attention and a supportive environment for every learner.
- **Age-Appropriate Materials:** Fresh Start uses texts and resources that are relevant and interesting to older students, maintaining their engagement and confidence.

### How Fresh Start Helps Students

- **Improves Reading Fluency:** Regular practice with phonics and high-frequency words helps students read more quickly and accurately.
- **Boosts Comprehension:** Lessons develop students' ability to understand and interpret text, enabling them to fully access the curriculum.
- **Builds Confidence:** As students progress through the program, they gain a sense of achievement and belief in their ability to succeed.
- **Supports Academic Success:** Stronger reading skills help students engage with all subjects, improving overall performance in school.

### Who is Fresh Start For?

Fresh Start is designed for students in secondary school who are reading below age-related expectations. It is particularly effective for students who need additional phonics practice or who struggle with reading comprehension.

### **The Impact of Fresh Start**

Fresh Start has been proven to rapidly improve reading skills, with many students making significant progress within a few months. By closing the gap in literacy, the program ensures that every student has the tools they need to succeed and fosters a love of reading that will last a lifetime.