

# Settlebeck School Year 7 Personal Development Curriculum Overview 2025/26 (Autumn 1)

Living in the Wider World	Health and Wellbeing	Relationships	Careers	Literacy/Oracy	Exams	National Days/Weeks	School Community	British Values
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Year Group	Week	1 <sup>st</sup> September	8 <sup>th</sup> September	15 <sup>th</sup> September	22 <sup>nd</sup> September	29 <sup>th</sup> September	6 <sup>th</sup> October	13 <sup>th</sup> October	20 <sup>th</sup> October
Year	PSHE	Health and Wellbeing	Health and Wellbeing	Health and Wellbeing	Health and Wellbeing	Health and Wellbeing	Health and Wellbeing	Health and Wellbeing	Health and Wellbeing
	PSHE Tutor	Transition	Transition	Transition	Transition	Transition	Transition	Transition	Transition
	PD+		Fair Trade Fortnight	Fair Trade Fortnight	International Day of Sign Language	Fair trade Fortnight	World Mental Health Day	World Food Day	World Opera Day
			Emergency Services Day		MacMillan Coffee Morning	Black History Month	Mental Health, Healthy Relationships & Peer Pressure		Awards Evening
			County Show Trip			National Poetry Day	Dyslexia Awareness Week		
	Drop Everything and Listen (DEAL)	You are a Champion (Marcus Rashford)	You are a Champion (Marcus Rashford)	You are a Champion (Marcus Rashford)	You are a Champion (Marcus Rashford)	You are a Champion (Marcus Rashford)	You are a Champion (Marcus Rashford)	Cirque Du Freak (Darren Shan)	Cirque Du Freak (Darren Shan)
	Citizenship	Political System (RS)	Political System (RS)	Political System (RS)	Political System (RS)	Political System (RS)	Political System (RS)	Political System (RS)	Political System (RS)
		Volunteering (RS)	Volunteering (RS)	Volunteering (RS)	Volunteering (RS)	Volunteering (RS)	Volunteering (RS)	Volunteering (RS)	Volunteering (RS)
		Individual Liberties (PSHE)	Individual Liberties (PSHE)	Individual Liberties (PSHE)	Individual Liberties (PSHE)	Individual Liberties (PSHE)	Individual Liberties (PSHE)	Individual Liberties (PSHE)	Individual Liberties (PSHE)
	Assembly	Welcome Back Assembly	Emergency Services Day	House Assembly	International Day of Sign Language – 'Methods of Communication'	Black History Month	World Mental Health Day	Head Student Assembly	House Quiz