

Settlebeck School Year 10 Personal Development Curriculum Overview 2026/27 (Autumn 1)

Living in the Wider World	Health and Wellbeing	Relationships	Careers	Literacy/Oracy	Exams	National Days/Weeks	School Community	British Values
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Year Group	Week	1 st September	7 th September	14 th September	21 st September	28 th September	5 th October	12 th October	19 th October
Year	PSHE	Health and Wellbeing Staying Safe	Health and Wellbeing Staying Safe	Health and Wellbeing Staying Safe	Health and Wellbeing Staying Safe	Health and Wellbeing Staying Safe	Health and Wellbeing Staying Safe	Health and Wellbeing Staying Safe	Health and Wellbeing Staying Safe
	PSHE Tutor	Careers Work Experience	Careers Work Experience	Careers Work Experience	Careers Work Experience	Careers Work Experience	Careers Work Experience	Careers Work Experience	Careers Work Experience
	PD+		Westmorland County Show		MacMillan Coffee Morning		Healthy Sleep Workshop	Exam Skills Workshop	Awards Evening
			World Suicide Prevention Day		Mental Health and Wellbeing Workshop				
	Drop Everything and Listen (DEAL)	All Quiet on the Western Front Erich Maria Remarque	All Quiet on the Western Front Erich Maria Remarque	All Quiet on the Western Front Erich Maria Remarque	All Quiet on the Western Front Erich Maria Remarque	All Quiet on the Western Front Erich Maria Remarque	All Quiet on the Western Front Erich Maria Remarque	All Quiet on the Western Front Erich Maria Remarque	All Quiet on the Western Front Erich Maria Remarque
	Assembly	Welcome Back Assembly	Emergency Services Day	Fresh Starts House Assembly	Habits Assembly	What Comes First: Motivation or Action?	Black History Month	House Quiz	Head Student Assembly